



Stand: 17.07.2026

Trainingsplan / Fremdvermietung RSC Uttigen Saison / SC Thunerstars 2026/2027

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
16:00					16:00 - 17:00 (60')		
16:15							
16:30	16:30 - 17:45 (75')				Schulsport		
16:45							
17:00							
17:15	Beginners					17:15 - 18:30 (75')	
17:30			1730 - 18:45 (75')				
17:45		17:45 - 19:00 (75')		17:45 - 19:00 (75')		U15	
18:00			U13	18:00 - 19:15 (75')	18:00 - 19:15 (75')		
18:15	18:15 - 19:30 (75')	U11 & U9		U11 & U9			
18:30					U17 bzw. U15	18:30 - 20:00 (90')	
18:45	U13		18:45 - 20:00 (75')				
19:00	19:00 - 20:30 (90')	19:00 - 20:15 (75')		19:00 - 20:30 (90')			
19:15			U17 bzw. U15	19:15 - 19:45 (30')	19:15 - 20:30 (75')	U17	
19:30	19:30 - 20:45 (75')			Goalietraining			
19:45		Damen		19:45 - 21:15 (90')			
20:00			20:00 - 21:15 (75')	NLA	Zulgtal Eagels Altherren RSC Uttigen	20:00 - 21:30 (90')	
20:15	U20	20:15 - 21:45 (90')					
20:30			1. Liga	NLA	20:30 - 22:15 (95')	NLA	
20:45	20:45 - 22:45 (120')	NLA					
21:00				20:30 - 22:00 (90')			
21:15			21:15 bis Ende	Damen	Zulgtal Eagels		
21:30	IHC Uttigen	21:45 - 23:00 (75')				21:30 - 23:00 (90')	
21:45							
22:00		Offen	Rusty Rockets	Altherren		freie Zeit	
22:15							
22:30							
22:45							
23:00							
23:15							

Halle Uttigen
MUR-Halle Thun
Halle Uttigen (Fremdvermietet)